

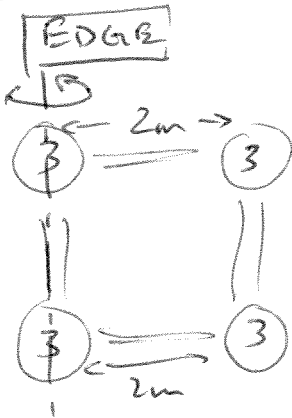
Assume same rotational speed (angular frequency)

$$KE_{rot} = \frac{1}{2} I \omega^2 \quad \omega = \text{constant}$$

$$I = \sum r_i^2 m_i$$

Determine  $KE_{rot}$  for different spin axis...

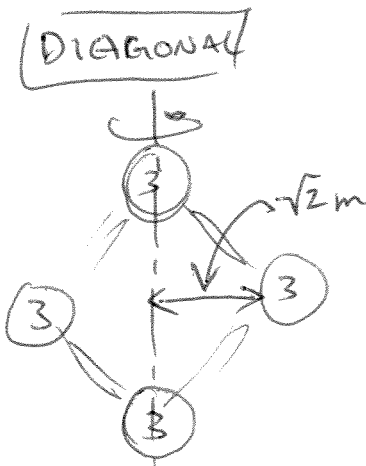
A



$$I_A = (0m)^2(3kg) + (0m)^2(3kg) + (2m)^2(3kg) + (2m)^2(3kg) = 24m^2kg$$

$$KE_A = \frac{1}{2} I \omega^2 = (12m^2kg)\omega^2$$

B



$$I_B = (0m)^2(3kg) + (0m)^2(3kg) + (\sqrt{2}m)^2(3kg) + (\sqrt{2}m)^2(3kg) = 12m^2kg$$

$$KE_B = \frac{1}{2} I \omega^2 = 6m^2kg\omega^2$$

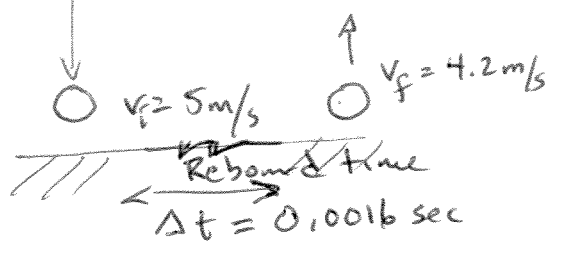
units of Reasonable units plus  $I_B < I_A$  (mass is closer!)

The Ratio:  $\frac{\text{Edge Energy}}{\text{Diagonal Energy}} = \frac{KE_A}{KE_B} = \frac{(12m^2kg)\omega^2}{(6m^2kg)\omega^2} = 2$

Twice the energy is stored when rotating about edge

$mgh = \frac{1}{2}mv^2$  If no functional loss...

$\Delta h = 59m$

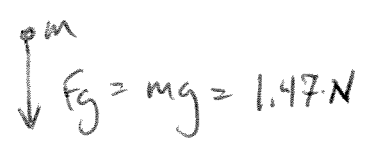


$m = 0.15 kg$   
 $\vec{p} = m\vec{v}$

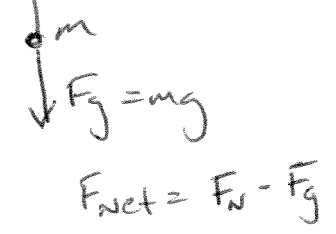
$F_N$  (electrostatic in nature)  
Normal Force from floor

$\Delta p = F_{net} \Delta t$  Impulse equals the change in momentum

Freefall



Rebounding



$\frac{\Delta p}{\Delta t} = F_{net}$

$\Delta p = p_f - p_i$   
 $= mv_f - (-mv_i) = m(v_f + v_i)$

$F_{net} = F_N - F_g$   
↑ solve for "floor" force

$\frac{m(v_f + v_i)}{\Delta t} + mg = F_N$

$(0.15kg) \left( \frac{5m/s + 4.2m/s}{0.0016s} + 9.8 \frac{m}{s^2} \right) = 864 N$

$F_N = 864 N$

$F_g = 1.47 N$

Gravitational force is 0.2% of normal force... basically negligible -

units  $\frac{kg \cdot m}{s} = N$

- $v_f \uparrow$   $F_N \uparrow$
- $v_i \uparrow$   $F_N \uparrow$
- $F_g \uparrow$   $F_N \uparrow$
- $\Delta t \uparrow$   $F_N \downarrow$  "cushioned"

Reasonable since units and limiting cases make sense